# **CLOTHING**

- Rain jackets
- T-shirts
- Fleece jacket
- Sunglasses
- Hiking pants
- Sun hats

## **FOOTWEAR**

- Hiking boots/shoes
- Sandals
- Water shoes

# OTHER ESSENTIALS

- Sunscreen
- Insect repellent
- Hand sanitiser
- Quick-dry towel
- Backpack

- Toilet roll
- Camera
- Power bank
- Binoculars
- First-aid kit

## FOR THE CAR

- Reusable water bottle
- Cooler bag
- Bamboo cutlery
- **Bear Spray/bells**

